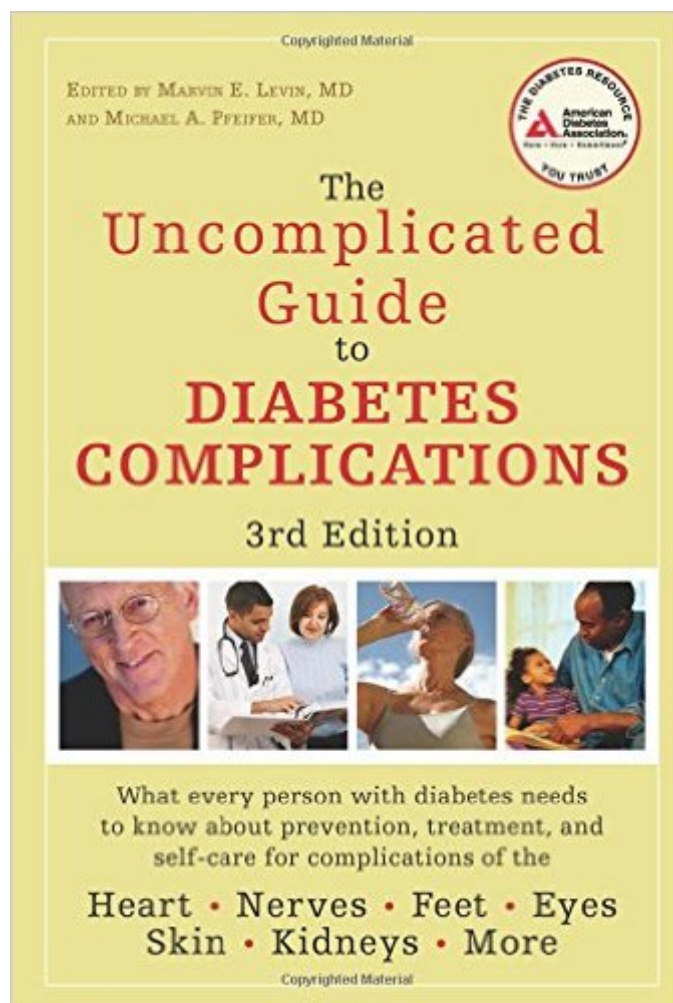


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# The Uncomplicated Guide To Diabetes Complications



## Synopsis

Diabetes complications can be prevented, and they can be treated - you need to know what you're up against and how to take care of yourself. The Uncomplicated Guide to Diabetes Complications is divided into chapters on major parts and systems of the body, and the complications that may affect them, giving you the edge that you need to protect yourself and to prevent or slow down complications.

## Book Information

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Average Customer Review: 4.9 out of 5 starsÂ Â See all reviewsÂ (10 customer reviews)

Best Sellers Rank: #592,523 in Books (See Top 100 in Books) #59 inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss > American Diabetes Association #4913 inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss > Other Diets #6375 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments

## Customer Reviews

Now in an expanded and updated second edition, The Uncomplicated Guide To Diabetes Complications covers the major systems of the body and how they're affected by diabetes; from the heart to the eyes and teeth. Various chapters cover how these systems normally work, how they are affected by diabetes, and common signs of complications. The latest treatment options are included in a fine guide that covers all the ways diabetes affects the body.

This book contains a wealth of information, it is easy to read, explains diabetes and complications, list suggested products and pictures that may help with skin care. It's a great resource explaining diabetes and so much more and a great price.

as of Sept 2, 2009, this book has 3 reviews that relate to a previous edition--but the praise given earlier remains valid for this new 3rd edition. This book from the American Diabetes Association is

superb, not only for diabetics, but probably for everybody--and especially for fat Americans of all ages who are setups for diabetes. Diabetes is a growing epidemic because of our obesity, addiction to fast food, lack of exercise. Not just our genetics. Non-diabetics should know that complications of diabetes are the same diseases that too many non-diabetics also will get. This book explains them all. As health care gets increasingly complex (especially from multiple providers and scattered medical records), every person must become the manager of his/her own health. This book is a great addition to anybody's health library.

I found this to be a very complete book on diabetes, as well as easy to read. It's also up-to-date. If you are looking to have just one book on diabetes, this is a good one.

Very informative. Does make you queasy to know all the terrible and just weird side effect conditions of having DM Type 1 or 2.

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